

**Think Pharmacy First**



This information sheet is to raise awareness of NHS community pharmacy services available.

Community pharmacies can see people regarding a range of conditions. Detail on these services is below;

- **Minor illnesses;** such as coughs, colds, sore throat, bites or stings, athletes foot, skin rash, blisters, constipation, diarrhoea, scabies, nasal congestion, earache, mouth ulcers, wounds, vaginal itch, headache and allergic reactions.
- **Seven Common Conditions;**

Ear infection	1 to 17 years
Impetigo	1 year and over
Infected insect bites	1 year and over
Shingles	18 years and over
Sinusitis	12 years and over
Sore throat	5 years and over
Uncomplicated urinary tract infections	Women 16-64 years
- **Oral Contraception;** you can obtain supplies of the contraceptive pill from a community pharmacy without the need for a prescription. Community Pharmacy Pharmacists can have a free consultation with anyone who would like to start on oral contraception or get a repeat supply of their oral contraception.
- **Blood Pressure Checks** are available in community pharmacies, for people aged 40 or over who have not got a diagnosis of hypertension and have not had a blood pressure check by a healthcare professional in the last six months.