



Early Help Development Team Briefing Sessions

Year 2022 – 2023

The information in this booklet details the aim and objects of the briefing sessions that are delivered and facilitated by the Early Help Development Team.

*Some of the briefings are only open to external partners e.g., health, police, housing, schools, volunteers, VCI provisio

About the Briefing Sessions

Attendees of the sessions will gain an overview of the subject matter and opportunity to ask area specific practitioners' further information around their practice. The briefings are all free of charge.

The Transition team also deliver bespoke briefings if you feel you have a specific need this can be discussed with the Early Help Development officer within your locality

High Peak and North Dales, Chesterfield:

Adam Cope – Adam.Cope@derbyshire.gov.uk

North East Derbyshire and Bolsover, Amber Valley:

Debbie Hadley – Debbie.Hadley@derbyshire.gov.uk

Erewash, South Derbyshire and South Dales:

Nusrat Sohail – Nusrat.Sohail@derbyshire.gov.uk

How to book on the sessions

Please email your:

- name,
- email address,
- role
- organisation

to CS.BSHQSupport@derbyshire.gov.uk

Certificates

Certificates will be sent out by Business Services from CS BS HQ Support email account. If you haven't received your certificate after 2 weeks of your training, please contact CS BS HQ Support and they will look into this.

Business Services will **not** send out certificates until the trainer confirms who has attended the training session.

Children at Risk of Criminal Exploitation (CRE)

Professional Development Sessions for external partners only

Outline:

- What is Contextual Safeguarding and how it links to CRE.
- Where can you find the CRE toolkit?
- What is the CRE Risk Assessment?
- How does it fit into the bigger picture?

Dates and times:

21 September 2022	09:30 – 11:30
28 September 2022	09:30 – 11:30
4 October 2022	13:30 – 15:30
7 February 2023	09:30 – 11:30
14 February 2023	13:30 – 15:30
13 June 2023	09:30 – 11:30
20 June 2023	13:30 – 15:30

The seminars will be delivered via Microsoft Teams. Once you have booked a place, you will receive a Teams invite via an email.

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Genogram / Ecomap

Professional Development Sessions for external partners only

Objectives:

- To understand how incorporate Genograms and Ecomaps into Assessments
- To understand how to use the tools to gain an awareness of links, resources and networks for the child, young person, and family
- To identify patterns within families both in terms of strengths and concerns
- To aid professionals to better understand the lived experience of the child

Dates and times:

4 October 2022	09:30 – 11:30
24 November 2022	12:30 – 14:30
24 January 2023	09:30 – 11:30
9 March 2023	12:30 – 14:30
16 May 2023	09:30 – 11:30
15 June 2023	12:30 – 14:30

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Early Help Assessment (EHA)/TAFs/Chronologies

Professional Development Sessions for external partners only

Objectives:

- To share information about the Early Help Assessment, Team Around the Family approach and appropriate tools to support frontline Early Help practitioners to meet requirements.
- To share information about Chronologies and provide guidance on how to complete one.
- To understand the principles and content of Chronologies.

Dates and times:

27 September 2022	09:30 – 11:30
3 November 2022	13:00 – 15:00
7 February 2023	09:30 – 11:30
9 February 2023	13:00 – 15:00
9 May 2023	09:30 – 11:30
11 May 2023	13:00 – 15:00

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Graded Care Profile

Professional Development Sessions for external partners only

Objectives:

- To understand the processes around identifying neglect
- To be able to implement the use of the Graded Care Profile
- to inform decision making

Dates and times:

22nd	September 22	09:30 – 11:30
22nd	September 22	13:00 – 15:00
09th	February 23	09:30 – 11:30
09th	February 23	13:00 – 15:00
25th	May 23	09:30 – 11:30
25th	May 23	13:00 – 15:00

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Understanding Thresholds and Derbyshire Processes

Professional Development Sessions for external partners only

Outline:

- Reminder of Government Policy, DDSCP Threshold Documents and Derbyshire EHA/TAF paperwork
- Understanding of the Thresholds 1-4.
- Where does Early Help fit into Derbyshire's Safeguarding Procedures?
- What does the Early Help process look like in Derbyshire?

Dates and times:

04th	October 22	13:00 – 15:00
05th	October 22	09:30 – 11:30
31st	January 23	13:00 – 15:00
01st	February 23	09:30 – 11:30
23rd	May 23	13:00 – 15:00
24th	May 23	09:30 – 11:30

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Voice of the child Part 1

Professional Development Sessions for external partners only

Objectives:

- To understand the term 'Voice of the Child'
- To understand why it is so important
- To know what good practice looks like
- To have a toolkit of resources to use with a range of children and young people

Dates and times:

10th	October 22	13:00 – 15:00
12th	October 22	09:30 – 11:30
06th	February 23	13:00 – 15:00
08th	February 23	09:30 – 11:30
12th	June 23	13:00 – 15:00
14th	June 23	09:30 – 11:30

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Voice of the Child Part 2

Professional Development Sessions for external partners only

Objectives:

- To recap what the term 'Voice of the Child' means and why it is so important
- To discuss and understand the common pitfalls of interactions with children and young people
- To discuss and share useful resources to help you capture the Voice of the Child, regardless of age and level of understanding

Dates and times:

31 October 2022	13:00 – 15:00
2 November 2023	09:30 – 11:30
27 February 2023	13:00 – 15:00
29 February 2023	09:30 – 11:30
19 June 2023	13:00 – 15:00
21 June 2023	09:30 – 11:30

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Young People and Substance Use

Session 1 (Stefan)

For all Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Exploring personal values and attitudes of participants and how those can influence professional responses
- How to have a conversation around substances
- Where and how to refer
- What makes a good referral?
- What if the young person doesn't consent?
- The importance of early intervention

Dates and times:

15 September 2022	10:00 – 12:00
1 December 2022	13:00 – 15:00
24 January 2023	10:00 – 12:00
7 February 2023	13:00 – 15:00
26 April 2023	10:00 – 12:00
6 June 2023	13:00 – 15:00

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Session 2 (Harry)

For all Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Exploring the concept of contextualised substance use
- Exploring how our responses as professionals can impact on the situation
- Why preparing a young person for a referral is important?
- CRE and the toolkit
- Where to go for support

Dates and times:

20 September 2022	13:00 – 15:00
5 December 22	10:00 – 12:00
2 February 2023	13:00 – 15:00
16 March 2023	10:00 – 12:00
21 June 2023	10:00 – 12:00
9 May 2023	13:00 – 15:00

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Session 3 (Kira)

For all Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Identifying children and young people affected by parental substance use
- How you can support – you can't change the situation the young person is in, but you can still help
- Where and how to refer
- What makes a good referral?

Dates and times:

29 September 2022	10:00 – 12:00
13 December 2022	13:00 – 15:00
10 February 2023	13:00 – 15:00
21 March 2023	10:00 – 12:00
25 May 2023	10:00 – 12:00
6 July 2023	13:00 – 15:00

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Autism Awareness

For Professionals, Organisations and Volunteers delivering Early Help

Objectives:

- To provide attendees with a better awareness of ASC and the diversity of the condition.
- To provide information around the central 3 challenges of ASC.
- To enable attendees to gain knowledge of how best to support individuals living with ASC.

Dates and times:

10 October 2022	09:30 – 11:30
14 November 2022	13:00 – 15:00
13 February 2023	09:30 – 11:30
13 March 2023	13:00 – 15:00
15 May 2023	09:30 – 11:30
12 June 2023	13:00 – 15:00

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Young Carers

***For All Professionals, Organisations and Volunteers
delivering Early Help***

Outline:

- Online workshops exploring the issues surrounding Young Carers including impact, identification, and support.

Dates and times:

13 October 2022	10:00 – 11:30
13 October 2022	16:00 – 17:30
9 March 2023	09:30 – 11:30
16 March 2023	09:30 – 11:30

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Oral Health Awareness: Children's Services

All Professionals, Organisations and Volunteers delivering Early Help

Professional Development Sessions 1.5 hours CPD

Outline:

Providing current evidenced based information to help the promotion of positive oral health messages with children, young people, families, and communities.

- Exploring Key preventative messages
- Supporting behaviours which will improve oral health outcomes
- Navigating NHS dental services depending on need

Dates and times:

29 September 2022	09:30 – 11:00
4 May 2023	09:30 – 11:00
20 July 2023	09:30 – 11:00

PLEASE NOTE we need a minimum of 6 attendees to deliver each session. You will be notified if a session is cancelled via email. Training is via Microsoft Teams

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Oral Health Awareness: Care Home Staff *Professional Development Sessions 1.5 hours CPD*

Outline:

Providing current evidenced based information to help staff to deliver and promote mouth care in line with current CQC & NICE guidance.

- Exploring current national guidance around oral health for adults in Care Homes
- Support residents with mouthcare including using a mouth care assessment tool
- Increase your knowledge of specialist oral health products
- Accessing dental services

Dates and times:

1 December 2022	09:30 – 11:00
6 July 2023	09:30 – 11:00

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Oral Health Awareness: Children in Residential Care

Professional Development Sessions 1.5 hours CPD

Outline:

Providing current evidenced based information to help staff working with this vulnerable target group to achieve positive oral health behaviours and navigate NHS dental services.

- Exploring Key preventative messages
- Supporting behaviours which will improve oral health outcomes
- Working together to embed oral health within your role
- Accessing dental services

Dates and times:

2 March 2023	09:30 – 11:00
13 July 2023	09:30 – 11:00

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Oral Health Awareness: Learning Disability Staff working with service users in supported living and day services

Professional Development Sessions 1.5 hours CPD

Outline:

Providing current evidenced based information to help the promotion of positive oral health messages with adults in supported living and day services

- Exploring Key preventative messages
- Supporting challenging oral health behaviours
- Navigating NHS dental services depending on need

Dates and times:

19 January 2023 09:30 – 11:00

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CAMHS Briefings: Looking Behind the Behaviour - An Introduction to Child Mental Health

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- An Introduction to Child Mental Health
- Reflect upon children's behaviour and seek to understand what might be driving it; this may include anxiety, low mood, neurodiversity and safeguarding reasons.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

20 September 2022 09:30 – 11:00

22 September 2022 13:00 – 15:00

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CAMHS Briefings: Understanding Anxiety in children and young people

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Recognising anxiety and how it affects a Child/Young person
- Understand what anxiety is and how it can develop and affect school and home life
- What you can do in your role to support an anxious Child/Young person and their family
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

11 October 2022	09:30 – 11:00
13 October 2022	13:00 – 15:00

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CAMHS Briefings: Self Harm

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Develop your awareness, understanding and confidence of managing self harm in young people
- Highlight potential risk factors and discuss how these could be managed in your role.
- Learn about effective support strategies
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

15 November 2022 09:30 – 11:00
17 November 2022 13:00 – 15:00

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CAMHS Briefings: Emotional regulation and developing positive coping strategies

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Learn about what impacts on a child's ability to regulate their emotions
- The role of coping strategies in managing distress.
- Supporting young people to recognise emotions and develop their own personal coping strategies.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

6 December 2022 09:30 – 11:00
8 December 2022 13:00 – 15:00

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CAMHS Briefings: Depression and Low Mood

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Understand what low mood and depression is and how it can develop and affect school and home life.
- Identifying low mood and depression in young people
- Recommended advice and approaches to improve mood and functioning.
- Supporting someone with suicidal thoughts
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

14 February 2023 09:30 – 11:00

16 February 2023 13:00 – 15:00

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CAMHS Briefings: Understanding ADHD

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Increase understanding of ADHD.
- Understand the ADHD pathway.
- How ADHD may affect a child's functioning.
- Discuss strategies and ideas to support children and adolescents with ADHD at home and at school.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

14 March 2023	09:30 – 11:00
16 March 2023	13:00 – 15:00

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Loan Shark Awareness

The Illegal Money Lending Team (also known as [Stop Loan Sharks](#)) is a national organisation that investigates and prosecutes illegal money lenders and provides specialist support for people affected by this crime.

Outline:

- The awareness session will help you to understand the world of illegal money lending; including how to identify victims and signpost them to specialist support.

Dates and times:

30 September 2022	09:30 – 10:30
3 October 2022	13:30 – 14:30
13 October 2022	09:30 – 10:30
12 January 2023	09:30 – 10:30
16 January 2023	13:30 – 14:30
8 May 2023	09:30 – 10:30
15 May 2023	13:30 – 14:30

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