

P3: Safety and suitability of premises, environment and equipment – Sleeping arrangements - Childminders

What do I need to know?

- Legal Framework
 - [Equality Act 2010](#)
- [Statutory framework for the early years foundation stage \(publishing.service.gov.uk\)](#) page 26-27, paragraph 3.69

Safety and suitability of premises, environment and equipment – Sleeping arrangements (page 43 of audit)	Things to consider and discuss:
Are sleeping children frequently checked to ensure they are safe?	<ul style="list-style-type: none"> • How regularly do you check on sleeping children? Is this frequent enough to ensure their safety? What checks do you make? • What are the dangers for sleeping children? How do you know all staff are aware and act to keep children safe? • How often do you risk assess sleeping equipment, e.g. mattresses, cots, Moses baskets, etc being used by children? • How often do you change and clean children’s bedding? Is this frequent enough to ensure the safety of the children? • Have you read up to date information and guidance around safer sleep? How do you know this information is reliable and within the guidance issued from the NHS?
Are you aware that being safe includes ensuring that cots and, or bedding are in good condition and suited to the age of the child?	<ul style="list-style-type: none"> • Is the bedding age appropriate and adheres to safer sleeping guidance? How do you ensure a sleeping child won’t get too hot or cold when sleeping? • How do you know staff are up to date and competent with the latest safer sleeping guidance? How do you ensure this is consistently followed? • What are your evacuation procedures for sleeping children?

<p>Are you aware that being safe means infants are placed down to sleep safely in line with latest government safety guidance?</p> <p>Are you aware of NHS advice on sudden infant death syndrome: Sudden infant death syndrome (SIDS) – NHS (www.nhs.uk)</p> <p>Are you aware Providers may find it helpful to refer to NHS advice for further information on safety of sleeping children: Reduce the risk of sudden infant death syndrome (SIDS) - NHS (www.nhs.uk)</p>	<ul style="list-style-type: none"> • How do you ensure staff are aware of the NHS advice on “sudden infant death syndrome”? When did you last access this document to check for updates? • Do you and any assistants have sufficient time to read, understand this information and update their knowledge regularly? Do you need to change your policies and procedures? • What provision do you make for children who want to relax or play quietly rather than sleep? • How do you discuss safer sleep with parents and, or carers? Do you share with them the safer sleep guidance? • What do you do when a child falls asleep in a pushchair?
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Useful links and further help:

[NHS – baby sleeping advice](#)

[Healthy sleep tips for children](#)

[How to reduce the risk of SIDS for your baby - The Lullaby Trust](#)

[Health visiting \(0 to 5 years\): Derbyshire Healthcare NHS Foundation Trust](#)

[Derbyshire SchoolsNet - Early Years Quality Team](#)

[Derbyshire Early Years Service - Eventbrite](#)

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