

P3: Safety and suitability of premises, environment and equipment – Sleeping arrangements – Group and school-based providers

What do I need to know?

- Legal Framework
 - [Equality Act 2010](#)
- [EYFS statutory framework for group and school based providers \(publishing.service.gov.uk\)](#) page 37-38, paragraph 3.69-3.70

Safety and suitability – sleeping arrangements (page 49 of audit)	Things to consider and discuss:
<p>Do you ensure sleeping children frequently checked to ensure they are safe?</p> <p>Are you aware that being safe includes ensuring that cots and, or bedding are in good condition and suited to the age of the child?</p> <p>Are you aware that being safe means infants are placed down to sleep safely in line with latest government safety guidance?</p> <p>Are you aware of NHS advice on Sudden Infant Death Syndrome: Sudden infant death syndrome (SIDS) – NHS (www.nhs.uk)</p> <p>Are you aware Providers may find it helpful to refer to NHS advice for further information on safety of sleeping children: Reduce the risk of sudden infant death syndrome (SIDS) - NHS (www.nhs.uk)</p>	<ul style="list-style-type: none"> • How regularly do you check on sleeping children? Is this frequent enough to ensure their safety? What checks do you make? • What are the dangers for sleeping children? How do you know all staff are aware and act to keep children safe? • How do you ensure staff are aware of the NHS advice on “Sudden infant death syndrome”? When did you last access this document to check for updates? • Are staff given sufficient time to read, understand this information and update their knowledge regularly? Do you need to change your policies and procedures? • How often do you risk assess sleeping equipment, e.g. mattresses, cots, Moses baskets, etc being used by children? • How often do you change and clean children’s bedding? Is this frequent enough to ensure the safety of the children? • Is the bedding age appropriate and adheres to safer sleeping guidance? How do you ensure a sleeping child won’t get too hot or cold when sleeping? • How do you know staff are up to date and competent with the latest safer sleeping guidance? How do you ensure this is consistently followed? • What are your evacuation procedures for sleeping children? • What provision do you make for children who want to relax or play quietly rather than sleep?

Is there a separate baby room for children under the age of two (except in childminding settings)?	<ul style="list-style-type: none">• How do you evaluate the suitability of the resources and experiences provided in the baby room?
Do you ensure that children in a baby room have contact with older children, and move into the older age group when appropriate?	<ul style="list-style-type: none">• How often and what other considerations do you make to allow babies or younger children to have contact with older children?

Useful links and further help:

[NHS – baby sleeping advice](#)

[Healthy sleep tips for children](#)

[How to reduce the risk of SIDS for your baby - The Lullaby Trust](#)

[Health visiting \(0 to 5 years\) : Derbyshire Healthcare NHS Foundation Trust](#)

[Health protection in schools and other childcare facilities: prevention and control](#)

[How to change your baby's nappy - NHS](#)

[Derbyshire SchoolsNet - Early Years Quality Team](#)

[Derbyshire Early Years Service - Eventbrite](#)

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