

Physical Development & ECaM– Every Child a Mover

Education and Inclusion

PUBLIC



Did you know that....

- motor skills in early childhood are significant predictors of achievement in reading and mathematics in primary school?
- physical development EYFSP data for Derbyshire is stalling and therefore is a priority for all Derbyshire early years providers!
- 52.8% (3.9 million children) are not meeting the physical activity guidelines and doing an average of 60 minutes or more a day?
- less than one in five children under 6 years old are getting the physical activity they should following the pandemic?
- there continues to be an impact on children's physical development with delays in babies learning to crawl and walk, with some providers reporting that children had regressed in independence and in self-care skills?
- Physical development is an integral part of learning in the EYFS and has a positive impact on children's proficiency in fundamental movement skills in later childhood?

Do you have children who:

- Are always spinning or rocking?
- Struggle to sit still?
- Have poor fine motor development?
- Find mark making/writing difficult?

Would you like to improve the outcomes for these children? Then we can help!

ECaM – Every Child a Mover

ECaM is a Derbyshire physical development support package that will:

- enable children to be physically ready, eager, and able to learn.
- encourage positive adult role models who inspire children to move and be physically active.
- support the development of a movement-rich environment and culture.
- support the physical development needs of individual children with emerging difficulties.

Physical Development & ECaM– Every Child a Mover

Education and Inclusion

PUBLIC



The **ECaM Package** comprises of:

- **ECaM Assessment Tool** – a tool which gives a detailed assessment of a child's physical development needs. The tool helps to identify if a child has emerging difficulties and requires effective and planned interventions putting in place. A copy of the ECaM Assessment Tool and decision making and guidance materials are available on [Derbyshire SchoolsNet](https://www.derbyshireschoolsnet.co.uk/).
- **ECaM Pack** – a support pack containing information and materials to enable children to be physically, ready, and eager to learn. Please contact CS.EYS@derbyshire.gov.uk to purchase a copy priced at £30. All Derbyshire contracted early years providers, and schools and academies (accessing the EIS Core Support Contract) will receive a £5 discount when purchasing.
- **MOVERS** – a 'Movement Environment Rating Scale (MOVERS) for 2-6-year-olds provision' which offers a brand-new method of measuring the quality of environment and pedagogy in which young children are encouraged to move and be physically active. MOVERS is a part of a family of rating scales and uses a similar scoring system to other environmental rating scales. Please contact CS.EYS@derbyshire.gov.uk for further information.
- **Physical Development and ECaM Training** – a variety of training events are available to support practitioners to acquire a greater knowledge of physical development and ECaM. We have a variety of training courses available, and we can also deliver bespoke training, staff meetings or consultancy to meet your provisions individual needs.

To request any further information on Physical Development and/or ECaM please email: CS.EYS@derbyshire.gov.uk