

<ul style="list-style-type: none"> about the safe use of prescription medication, including antibiotics (HE17, HE19) 	<ul style="list-style-type: none"> the risks of dependency and addiction (HE16) 	(HE13, HE14)
<p>Health and prevention</p> <ul style="list-style-type: none"> how to maintain good oral hygiene, including dental flossing, healthy eating and regular check-ups at the dentist (HE12, HE20) 	<p>Health and prevention</p> <ul style="list-style-type: none"> facts and science about immunisation and vaccination, including HPV vaccine (HE22) 	Health and prevention
<p>Basic first aid</p> <ul style="list-style-type: none"> when and how to seek further help for someone who is injured (HE24) 	<p>Basic first aid</p> <ul style="list-style-type: none"> when and how to administer CPR (HE25) the purpose of defibrillators and when one might be needed (HE26) how to treat common injuries (HE24) 	<p>Basic first aid</p> <ul style="list-style-type: none"> how to put someone in the recovery position and to recognise when this is needed (HE24)
<p>Changing adolescent body</p> <ul style="list-style-type: none"> how to manage periods effectively in and out of school (HE27) how to manage the physical and emotional changes of puberty (HE28) how to maintain personal hygiene (HE19, HE28) 	<p>Changing adolescent body</p> <ul style="list-style-type: none"> how to manage periods effectively, including when to seek additional help (HE27) 	Changing adolescent body